

Muraqaba

One who wants to be in the heart of Maulana Sheikh, of Grand Sheikh, of Awliya, to keep -

- 5000X Allah - 2500x by tongue
- 2500x by heart
- 1000X Selawatu Shafifa
- Adab of Nawshabandi way and to present to Rasulullah SAW and to Grand Sheikh as we follow the presentation but must do at night time

Must do at night in special time

Make new wudhu

2 rakaat sunnatul wudhu

all alone in darkness sit with rabita/ muraqaba, with connection to Maulana Sheikh Nazim al Haqqani al Qubrusi, Sultan Awliya Qaddarsalahhu taala and you will do them as if you are making zikir from Allah to Allah Almighty and lights of Maulana connecting you with Rasulullah and with Allah Almighty and selawatu salam on Rasulullah the same until you reach to the end of 900 selawat. Stand up facing qiblat and make 100 selawat standing up and present to Rasulullah SAW.

Maulana say by this adab, by this good intention he will come and look at everyone doing this adab and this zikir and this selawatu sharifa and he will make him then to be in his heart and present to Rasulullah SAW and to Allah Almighty.

The one who is doing the zikir, for example selawatu sharifa as we are doing on the way, in the house, watching TV, like this, it is good but you don't take the blessing to enter into the heart of Awliya.

The one who want to be in the heart of Awliya, you must switch off all the lights and in a clean room with incense to put so Malaikat will come and then he will start by this connection and making zikir, selawatu sharifa and then standing up after the adab of the Nagshabandi way but he must not be afraid or worried. Perhaps after 40 days like this.

bank" (This is the key to open the account number in the bank of Rasulullah SAW). This adab "I am keeping it as a trust in your hand O Rasulullah and keep it for me and protect it for me till Yaumu Qiyama" and then you will say:

"O Allah Almighty whatever you give me as a good tiding this zikir and adab which I did it, I am giving as a gift (Maulud) for Rasulullah SAW and holy family, Sahaba, Maulana Grand Sheik, all Grand Sheikh, Sahibul zaman Saidina Muhammad Mahdi

O Rasulullah SAW accept and make shafa' for me in the Divine Presence of Allah Almighty and I am witnessing you that all this is as a sedekah to be from you to me to my family, to my father, mother until Adam Alaihissalaam and to all my family coming from me, all the coming generations to Yaumul Qiyama and to all umma of Rasulullah SAW and especially the one who are following the Naqshabandi way and as a sedekah for all of them and grant to us and to all of them O Rasulullah SAW."

Read Fatiha

Then switch on the light.

After a while you are going to see yourself in a different world. After 40 days (only in the time when you are doing it), keep doing it every day and in this time of 40 minutes which you are doing you are going to feel flying in heavenly world of Allah Almighty no more you are in between your physical senses and around your life in dunya, you will be seeing yourself something else.

When you make 100X selawatu sharifa keep you heart connected with Maqam of Rasulullah, with Raudah of Rasulullah SAW and when you are introducing the presentation seeing in front of you this maqam giving to him as if you are in Medina giving salam to Rasulullah through the window as if you are from there giving to Rasulullah.

We use to do much more at least 48,000X, 60,000X, 100,000X, 124,000X Selawatu sharifa standing up facing qibla 2000X (1000x at least),

Giving selawat to Rasulullah SAW to Saidina Abu Bakar, Saidina Omar, S Osman. Visiting Medina

JanntulBaqi

Uhud,

shuhada

Shuhada of Badar

Kaaba Haram

Jannatu Muanda-where Siti Khadijah is buried

- Assalatu wasallamu wa alaika waala arika wa ashabika ajmain
- Assalatu wasallamu alaikum ya anbiyaallah aj main
- Assalatu wasallamu ya Maulana Sheikh, Grand Sheikh and all Grand Sheikhs and Awliyaullah aj main

Allahumma antas salam wa min kass salam wallaika yauddussalam fa haiyinna rabbana bissalam wa adhil na janatta daras salam tabarak taalaita zui jalali walikram

"You are our Allah Almighty and we are your weakest servant. O Allah Almighty for your sake this sajda to be acceptable by you" (and you go down and make sujud to Allah Almighty) and then after sujud you will sit like in the tahiyat (this is the secret of seclusion) and you will say and connect your heart now and Maulana will present you to Rasulullah SAW connect direct to Allah Almighty your heart and you will say:

- O Allah Almighty whom you are witnessing me
- O Allah Almighty whom you are present with me
- O Allah Almighty whom you are seeing me

In Arabic

- Ya Shahideen
- Ya Hadireen
- Ya Madireen

By this connection between everyone and one to say keep at least 1 minute or 1/2 minute "O Allah Almighty whom you are witnessing me" (and your heart with Allah Almighty). 1/2 minute "O Allah Almighty whom you are present with me" 1/2 minute "O Allah Almighty whom you are seeing me"

Nothing except in your heart except the beautiness of Allah Almighty, the Light Allah Almighty, the Majesty of Allah Almighty, by this you will go to another sajda carrying all this with you and you will go to sajda go for one minute, 2 minute, 3 minute according on how your heart progressing everyday more and more and go to sajda and say after

subhanarabi'ala wa bihamdih 3x

Sit in tahiyat and continue the tahiyat.

At the end of tahiyat give salam and say shahada:

Ashadu ala Ha ha illallah wa ashadu anna Muhammad Dar Rasullullah X3

And say "I keep this shahada as ammana and all this practicing, and this sujud and this muraqaba (this is the observation) I keep it as ammana/ as a trust in between your hand O Rasullullah, in your

Also to add

100X La illaha illallah at the end of 100 say Muhammad dar Rasullullah.

Every day say at least 100X La illah ha illallah

If practicing Fajar prayer that is enough because already in the Fajar prayer according to Maulana and say La illahallah. If not, must add in the daily practice at least 100 laillahaillallah. By this you can enter into the heart. This is the key to be in the heart of Awliya.

After 40 days keeping like this in sincere practicing and worshipping and concentration then Allah Almighty will make opening that Awliya accept you and you will enter into their heart because their heart is a kind of a Divinely Ocean from Allah Almighty given to them where Allah Almighty is always looking. All the light of Allah Almighty reflected through Rasullullah SAW on his heart and whoever is in his heart is going to be acceptable to Allah Almighty.

MORE DETAILED MURAQABA

Make Shower but if not able then wudhu then put incense for at least ½ hour or 20 minutes before enter the room. When you enter the room you switch off lights Pray 2 rakaat sunnatul wudhu / Ghusul Make practice of the adab of Naqshabandi Way until Allah hu x3 Haq. Then you will sit according in tahiyat and say "Allah zikirillah! kat ma ini qulub" and say "Allah, Allah" with connection with heart with Maulana Sheikh Nazim and seeing that the zikir coming from Allah to Allah Almighty. Making your heart connected with Maulana, Grand Sheikh to Rasullullah SAW to Allah Almighty even if you are not seeing anything except darkness but after 40 days you will start to see.

2500X	Allah by tongue
2500X	Allah by heart
1000X	Selawatu Sharifa

900 selawat (sitting) and when you reach 900 to stand up for the last 100X selawat facing qiblat and make 100X selawau sharifat with presentation at the end and then you will say after it:

- o Assalatu wasallamu alaika ya Rasullullah
- o Assalatu wasallamu alaika ya Sallallahu taallah rahmatan lilalamin

will be entered in the Ocean of Awliya and Grand Sheikh and Maulana Sheikh to be presented to Rasulullah SAW.

So after 40 days, you will feel it and if anyone has a very sensitive heart he will see invisible things.

For this we don't give it to anyone but since you are asking the answer coming to say to all whom they are giving or anyone who wants to be in such a maqam also to do like this and he will reach a station where he can feel and see not in a dream but awake while he is making the zikir and selawatu sharifa after the adab of the Naqshabandi way. The place must be clean especially not to come from outside with smell of smoking to the place.

Put incense before you start by ½ hour for example, then switch off all lights and sit all alone (no one to bother you, no telephone, no one to bother you from family as it will take about ½ hr- 40 minutes to finish after it) And then after it you make presentation and you make sajda to Allah Almighty.

Then Assaltu wassalamu alaika Ya Rasulullah

read Fatiha

then you will again be in your position before you enter this.

The one who keep this for 40 days, he will start to feel and see things, unbelievable things. The one who want to have calm and all things to be given to him through Malaikat and Awliya say:

100X Tawakaltu allillah (but say with concentration on it, keeping his heart with Allah Almighty.)

The one who wants to be protected say:

3X shahada
300X Astagfirrullah
7X Ayatul Kursi

To solve any Problems say

100X Hasbunallah wa nik mal wakil

Anyone to making you to suffer

100X La haw ia wala kuwata illa billah hii ali yil azim

1. 3X shahada
300X Astagfirullah
Sedekah – give to Zawyah
7X Ayatul Kursi – blow on yourself. Then go out
Don't go without this for your protection.

2. For Allah to open riziki and for more of Allah's support

100X Hasbunallah wa nik mal wakil
100X La haula wala ku wata illa billah hil aliyil azim

3. The one who is worried too much or does not know how to decide, then let him do

100X Tawakaltu allallah

Allah Almighty will appoint malaikat from this ayat and will guide him and he will be supported by Maulana Sultan of Awliya and Awliya and Malaikat will guide according to the will of Allah Almighty what is best for him then he will see all the doors open in front of him to enter the way reaching him to safety.

Keep it and don't miss it.